

Day 1	Agenda	Speaker
0850 - 0900	Welcome Note	• Jeyakantha Ratnasingam
0900 - 0930	Plenary 1: • MyBONe Position Paper	• Lee Joon Kiong
0930 - 1010	Meet The Expert 1: • Frailty Assessment Tools	• Angel Ho Yun Ying
1010 - 1030	Tea Break	
1030 - 1130	Symposium 1: Osteoporosis Therapeutics • Bone Turnover Markers Reference Database • Osteoporosis Management in the Era of Treat-to-target	• Khor Hui Min • Sarath Lekamwasam (Sri Lanka)
1130 - 1200	Plenary 2: • GLP1RA for Weight Loss, But without The Bone Loss Please!	• Rohana Abdul Ghani
1200 - 1240	Meet The Expert 2: • Utilizing the FRAX Threshold and FRAX + for Treatment Decisions/ Intervention VS Assessment Thresholds	• Sarath Lekamwasam (Sri Lanka)
1240 - 1420	Lunch Symposium Osteoporosis at the Extremes : Why Bone Health Matters?	• Jeyakantha Ratnasingam
1420 - 1550	Case-Based Discussion: • BMD Interpretation and Pitfalls • Fracture Risk Stratifications • Frailty Assessment and Falls Prevention • GIOP and GC Induced Bone Loss Prevention	• Nagammai Thiagarajan • Sharmila Paramasivam • Terence Ong Ing Wei • Nicholas Hee Ken Yoong
1550 - 1640	Tea Break	
1640 - 1700	Free Paper Presentation	
1700 - 1740	Meet The Expert 3: • Pre-Menopausal Fragility Fracture	• Yeap Swan Sim
1800 - 1900	AGM	
Day 2	Agenda	Speaker
0900 - 0940	Meet The Expert 4: • Bone Protection During Pregnancy and Breastfeeding	• Chan Siew Pheng
0940 - 1010	Plenary 3: • Cardiovascular and Bone Crosstalk	• Linsey Gani (Singapore)
1010 - 1030	Tea break	
1030 - 1130	Symposium 2: Orthopaedics • Surgical Management of Hip and Femur Fracture in the Elderly • Current Surgical Options for Osteoporotic Spine Fractures	• Veenesh Selvaratnam • Chooi Yue Seng
1130 - 1200	Plenary 4: • Standard of Care for Bone Health in Diabetes	• Hew Fen Lee
1200 - 1340	Lunch Symposium Evolving Standard of Care : Why Anabolic-First Therapy Matters in Osteoporosis Management	• Linsey Gani (Singapore)
1340 - 1510	Case-Based Discussions: • Menopause • Choosing the Right Bone-Protective Therapy • Treatment Monitoring and Treatment Failure • Long-Term Treatment for Osteoporosis	• Premitha Damodaran • Juzaily Fekry Leong • Lim Quan Hziung • Hakimah Sallehuddin
1510 - 1600	Tea Break	
1600 - 1700	Symposium 3: After A Fracture • Osteoanabolic Therapy and Fracture Healing • Barriers, Solutions, and the Future of FLS	• Linsey Gani (Singapore) • Sabarul Afian Mokhtar
1700 - 1720	• Closing	